

# Mingles Café Lunch Menu – May 2024



**Whitby 55+ Recreation Services-** 801 Brock Street South, Whitby, ON  
905.668.1424

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>May 1</b>	<b>May 2</b>	<b>May 3</b>
		Chicken Veg Pie Green Beans Cream of Tomato Soup	Cabbage Rolls Mixed Vegetables Perogies Veg and Ham Soup	Minced Meat Pie Garden Salad Broccoli and Cheese Soup
<b>May 6</b>	<b>May 7</b>	<b>May 8</b>	<b>May 9</b>	<b>May 10</b>
Breaded Fish Coleslaw Potato Wedges Cream of Celery Soup	Salisbury Steak Cauliflower Mashed Potatoes Spinach Lentil Soup	Mac and Cheese with Chicken Seasonal Salad Broccoli Chicken & Rice Soup	2 Drumsticks Beets Rice Squash Soup	Beef Brisket Cabbage Mashed Potatoes Minestrone Soup
<b>May 13</b>	<b>May 14</b>	<b>May 15</b>	<b>May 16</b>	<b>May 17</b>
Shepherd's Pie Turnips Salad Bacon Vegetable Soup	Swedish Meatballs Peas Mashed Potatoes Cream of Barley Soup	Pork Schnitzel Cabbage Mashed Potatoes Carrot Soup	Spaghetti with Meat Sauce Seasonal Salad Garlic Bread Minestrone Soup	Ham and Veg Quiche Peas and carrots Potato & Leek Soup
<b>May 20</b>	<b>May 21</b>	<b>May 22</b>	<b>May 23</b>	<b>May 24</b>
<b>CLOSED FOR VICTORIA DAY</b>	Cabbage Rolls Mixed Vegetable Perogies Celery Soup	Roast Pork with Apples Squash Roast Potatoes Mushroom Soup	Meat Loaf Mix Veggies Mashed Potatoes Minestrone Soup	Meat Pie Garden Salad Mixed vegetables Broccoli and Cheese Soup
<b>May 27</b>	<b>May 28</b>	<b>May 29</b>	<b>May 30</b>	<b>May 31</b>
Spaghetti with Meat Balls Green Beans Mexicali Bean Soup	Breaded Chicken Coleslaw Potato Wedges Carrot Soup	Liver and Onions Turnips Mashed Potatoes Vegetable Soup	Ham and Veg Quiche Pasta Salad Split Pea and Bacon Soup	Peri Peri Chicken Legs Peas Brown Rice Cream Of Cauliflower Soup

# Café Pricing

## Beverages

Tea	\$ 1.75
Coffee	\$ 1.75
White Milk	\$ 2.50
Chocolate Milk	\$ 2.50
Bottled Water	\$ 1.50
Canned Pop	\$ 1.50

## Desserts

Muffin/Tea Biscuit	\$ 2.75
Cookies	\$ 2.00
Cake/Pie	\$ 3.00
Tart/Pastry	\$ 3.00
Date Square	\$ 3.00

## Sandwiches & Salads

Cold Cut Meat Sandwich	\$ 5.00
Egg Salad Sandwich	\$ 4.50
Tuna Salad Sandwich	\$ 5.00
Small Salad	\$ 3.00
Salad with Meat	\$ 6.25

## Hot Lunch Items

Soup	\$ 3.50
Lunch Plate (Main Course Only)	\$ 8.75
Lunch Combo (Soup or Salad, Main Course, Dessert, and Coffee or Tea)	\$ 10.00
Frozen Meals (Main Course Only)	\$8.75

## Hours of Operation

Monday to Friday from 9:00am – 2:30 pm

Hot Lunch Items will be served from 11:30 am - 1:00 pm

**All Prices Include Tax, Cash Only**

